

Picobac

It's a mild... cool... sweet smoke

GROWN IN SUNNY, SOUTHERN ONTARIO

The Beverage Report

IT HAS BEEN APPARENT in recent weeks that the Beverage Report on Social Insurance and Allied Services, recently presented to the British people has captured public interest to a remarkable extent. During the past three years the war has been the principal subject of news and discussion, but since the publication of the Beverage Report a great deal of attention has been focused upon it. Sir William Beveridge, the 63-year-old author of the report is a brilliant British economist, who has long made a study of social conditions in his country. During the last war he was in charge of food distribution and was later knighted for his services in this connection. He is Master of University College, Oxford, but is now on loan to the British Government for special war work, and it is said that he has taken a larger part in Britain's national war effort than anyone outside of the war cabinet. In 1924, Sir William visited Canada, when he attended meetings at Toronto of the British Association for the Advancement of Science.

Wide Interest Is Aroused

The report is an extensive one, and its contents are now familiar to most people. Many of its points are debatable, and it is not expected that it will be adopted in Britain in its entirety. However, it has aroused great interest there, and in many other parts of the world, and the universal reaction is that some security plan of that nature is widely favored. "Freedom from want" is one of the points recorded in the Atlantic Charter, as a war aim of the United Nations, and it is for that reason people expect this aim to be realized. The Manchester Guardian, voicing one section of British opinion, says of the report: "If we do not get something like this plan for social security into being before the war is over, the political consequences will be serious. Instead of victory we may well have suffered defeat."

Employment Is Needed For All

In Canada, the report has aroused much interest. We are not an advanced nation in the field of social legislation. A recent measure in this connection was the establishment of the Unemployment Insurance Commission and it now appears that there is soon to be some form of National Health Insurance. An objection which leaders of opinion in Canada find in the Beverage Report, is that while it provides security for all from the cradle to the grave, it does not solve the problem of unemployment. The Canadian people are willing to work, and in a country such as ours there should be employment for everyone. Any adaptation of the Beverage Report which might be proposed for Canada should carry some proposal for the provision of work for all citizens who are employable. However, Sir William Beveridge's statement that there should be bread for everyone before anyone has cake, is soundly humanitarian and it will continue to receive the consideration of thoughtful people everywhere.

Rolling Back Riboflavin

Riboflavin is one of those magic words we hear so much these days, whenever the question of proper nutrition is discussed. This name is given to a part of the vitamin B complex and is present in milk, eggs, meat, (especially liver) and green leafy vegetables. It is an interesting vitamin in that it is one you take, the more good it does. Most vitamins are needed in certain amounts by the body and any great excess is probably not made use of. Miss Doris Berry, nutritionist at the Ontario Dental College, quotes Dr. Sherman, leading U.S. authority, as saying that the more riboflavin one takes, the higher the level of general health will be and the longer people will live. He says that the prime of life is extended and the signs of old age appear later if an optimum amount of riboflavin is taken, and that the signs of ageing are wrinkling and buoyant good health, "which is not the same as average good health."

A low level of riboflavin will cause the opposite, earlier signs of old age, a shorter prime of life, a lower level of general health and, if prolonged, will cause a definite disease known by the formidable name of Atherosclerosis. This is characterized by a weakening of the artery, cracks at the mouth corners, digestive disturbances and poor skin condition. These conditions are very common, especially among office workers who drink too little milk.

Without milk it is difficult to get the optimum amount of riboflavin. The average requirement for adults is about 2.2 mgm., though larger amounts will contribute towards better health.

Rich Sources Of Riboflavin

	mgm.
1 cup milk, whole	0.531
1 cup skim milk	0.485
1 cup evapor. milk dil.	0.485
1 serving liver	2.040
1 cup cubed kidney	1.050

Lesser Sources Of Riboflavin

	mgm.
1 serving cheese	0.321
2 egg	0.159
1 slice bacon	0.032
1 serving beef	0.101
1 cup cabbage	0.042
1 potato	0.060
1 apple	0.038

A postcard request to Western Division, Health League of Canada, 111 Avenue Road, Toronto, will bring you a free copy of our authoritative vitamin chart.

DEVASTATING BOMBS

The explosive force of our new bombs is something colossal. Three hundred tons of our two-thousand-pounders, evenly spaced, will completely destroy one whole square mile of industrial plant. What is more, the blast will damage about three times that area. If you realize that this weight of bombs can be dropped by just a small detachment of our heavies, bombers in a single raid you can easily imagine the devastation which a force of a thousand such bombers is capable of inflicting. Group Capt. M. G. Christie, R.A.F., in London calling.

PATENTS

AN OFFER TO EVERY INVENTOR. List of inventions and full information free. THE PATENT OFFICE, 275 Bank Street, Ottawa, Canada.

Mark Out Message

Warlike Rounder in Morse Code On New Victory Nickel

The Canadian able to read the Morse code should find good counsel every time he has a new "Victory Nickel" in his hand.

Finance department officials said the new 12-sided coin has the message "we win when we work wisely" in the beading close to the rim. The beading is on all common coins, but this time the small dots mark out the wartime message.

The new coin, bearing the "V" for Victory symbol on the back, replaces the 12-sided "Beaver nickel" first issued last year.

Pneumonia has been found to be very common among men in women. 2501

Have Clever Scheme

German Military Council Hopes To Make Terms With Allies

The military junta in Germany feels that if Nazi economic difficulties continue and deepen, the only solution will be for officers to seize control and proclaim a program for possible co-operation with the United Nations. Reliable sources quoted a German State official as saying:

These sources said the officers are quietly and carefully watching developments, and making no predictions at all to when the time for such a step might come. They are pictured as hoping to see the German people will look to them for action as a last hope once a military regime despite the hopelessness of the situation crystal clear to every one.

Reports of such groups of revolutionaries hoping to seize the German throne when chaos appears imminent—although perhaps Axis-inspired in order to observe the Allied reaction—are persistently received in London and Stockholm, which is a listening post for both the Allies and the Axis.

All reports mention Field Marshal Gen. Wilhelm Keitel as a main actor among the higher officers in Germany.

This report said the junta has the nine-point program prepared as a possible basis for an understanding with the United Nations.

Removal of the Nazi regime; a return to the old frontier and concentration on the defense line against Russia; a return of occupied territory to civilian administrations; removal of nationals in the respective countries; removal of all measures against Jews; proclamation that Germany has no territorial claims against the borders of the old German Reich; a proclamation to Austria; a proclamation that Germany considers a strong Poland necessary; adherence to the Atlantic Charter principle, and lastly, granting of two African colonies to Germany.

Decided By Chance

Defence Of Malta Was Not Included In Original Plans

One of the chance events which altered the course of war was recounted by Air Chief Marshal Sir Arthur M. Longmore in an interview with The Canadian Press at Ottawa. It was the shooting down of a few of the first Italian bombers which raided Malta and it gave the morale of the Maltese population such a lift that they have been splendid fighters ever since, despite all the punishment inflicted on them by the German and Italian air forces.

Sir Arthur was air officer commanding in chief in the Middle East at the time and Malta was in his territory. There were no fighter squadrons stationed in Malta when Italy entered the war. Because of the island's proximity to Sicily it was not then considered possible to defend it.

A small air force headquarters there was on the point of withdrawal and when the Italians came some of the pilots decided to have a crack at them when they found a few of the planes crashed for shipment. The planes belonged to the navy and were to be shipped away. They were shot down and a few bombers were shot down.

"I have been to Malta twice," said Sir Arthur. "The morale of the Maltese has always been very high and it is all due to the shooting down of those bombers."

Soon after that it was decided to make a fight for Malta and from his always limited supplies of aircraft in the Middle East Sir Arthur sent in planes. More and more were sent as they became available.

The Air Chief Marshal, now retired, came to Canada to attend the centenary of the Institution of Pacific Relations and has since been making a tour of training stations in Canada.

SAFETY IN NUMBERS

A young man arrived at the Christman card counter.

Young man—Have you anything sentimental? Salesgirl—Here's a lovely one. "To the lady I ever loved."

Young man—Fine! I'll take four—no, six of those, please.

A spot appearing on the face of the sun in 1922 was 21,000 miles in diameter, more than large enough to encircle the earth.

Eat right—feel right

OGILVIE MINUTE Oats

A DELICIOUS & ECONOMICAL WHOLE GRAIN CEREAL

The OGILVIE FLOUR MILLS COMPANY LIMITED

Turks Have Upper Hand

Are In Position To Outsmart Germany On Trade Treaty

From the German point of view it is still the "Terrible Turk". Ankara simply will not play the international game according to the rules made in Berlin. The Turks follow the regulations subscribed to by the civilized world and when they are applied the deliveries of chromium promised by the Turks as far back as 1941 the Germans are chastised. Hitler's boys are pestered because they can't pull another fast one.

It all came about because of Turkey's neutrality policy—a policy acquiesced in by the Allies. For the first three years of the war Turkey was in a precarious position. Sentiment in the country, popular and governmental, was unmistakably pro-Ally, but the army's weapons were in a choke state, there was no support in the Near East and the Germans were threatening through the Balkans. Turkey is the bastion of the second part will take payment in rearmaments spendable only in Germany for such commodities as typewriters, and none glasses. Some of this for the Turks. They must have what they ordered in hand before a ton of chromium leaves Turkey.

The treaty has now come into effect. Turkey is ready to start delivery of the ore, but this is the catch—not until Berlin sets down in Turkey the machinery and armaments that were agreed on in exchange. Ordinarily a German trade pact means that the unwitting party of the second part will take payment in rearmaments spendable only in Germany for such commodities as typewriters, and none glasses. Some of this for the Turks. They must have what they ordered in hand before a ton of chromium leaves Turkey.

The next few weeks will tell the story. Germany hasn't much ammunition to spare. The Turks can afford to stick to the rules now for the whole complexity of defence in the Mediterranean, the Near East and the neighboring Caucasus has changed. Moreover, also to the annoyance of the Germans, Turkey has patched up her differences with Russia, thanks to Anglo-American intervention. It is so from the vantage of Berlin, it is still the "Terrible Turk".—Cleveland Plain Dealer.

Natives Taught To Read

International Committee On Christian Literature Helping British In Africa

The contribution the International Committee on Christian Literature for Africa is making toward the British Government's program in teaching adult natives to read English was described in Toronto by the secretary, Miss Margaret Wrong, recently arrived from the headquarters in London.

"Information points," she said, "are set up by the British in all parts of the continent. Nigeria had about 50 of these when I was last there. We were requested by an official to supply these points with our Christian literature, even though the majority of the population is Moslem." Literature is also sent to natives in the African regions and labor corps who are being educated by the British and need something to read, added Miss Wrong.

The Australian brush turkey builds a nest weighing several tons.

CANADA'S OFFICIAL FOOD RULES

CEREALS AND BREAD.—One serving of whole wheat cereal and 4 to 6 slices of Canada. Approved bread, 1 slice.

MILK.—Adults—1½ pints. Children—1 pint.

FRUIT.—One serving of common fruit, or of a citrus fruit, or of tomato or citrus fruit, and one serving of other fruits, fresh, canned or dried.

VEGETABLES (In addition to portion of serving daily of vegetables, including leafy greens, or yellow, and frequently raw.)

EGGS.—Eggs, or meat substitutes. Live, broiler or chicken, 1 each.

Some sources of Vitamin D such as fish liver oils, is essential for children, and may be available for adults.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

GEMS OF THOUGHT

MERCY

Blessed are the merciful: for they shall obtain mercy.—Matthew 5:7.

As freely as the firmament embraces the world, or the sun pours forth impartially his beams, so mercy must, enfold both friend and foe.—Schiller.

We cannot, indeed, give like God, but surely we may forgive like Him.—Sterne.

All people can and should be just; merciful; they should never envy, glow, slander, hate, or try to injure, but always should try to help their fellow-mortals.—Mary Baker Eddy.

Mercy among the virtues is like the moon among the stars,—not so sparkling and vivid as stars; but dispensing a calm radiance that hallow the whole.—Chapin.

For Mercy, Courage, Kindness, Mirth, There is no measure upon earth; Nay, they wither, root and stem, If an end be set to them.—Laurence Binyon.

Britain will welcome as much egg powder as Canada can produce in 1943. W. A. Brown, chief of poultry services at Ottawa, told Saskatchewan poultrymen.

Britain will welcome as much egg powder as Canada can produce in 1943. W. A. Brown, chief of poultry services at Ottawa, told Saskatchewan poultrymen.

Britain will welcome as much egg powder as Canada can produce in 1943. W. A. Brown, chief of poultry services at Ottawa, told Saskatchewan poultrymen.

Britain will welcome as much egg powder as Canada can produce in 1943. W. A. Brown, chief of poultry services at Ottawa, told Saskatchewan poultrymen.

Britain will welcome as much egg powder as Canada can produce in 1943. W. A. Brown, chief of poultry services at Ottawa, told Saskatchewan poultrymen.

Britain will welcome as much egg powder as Canada can produce in 1943. W. A. Brown, chief of poultry services at Ottawa, told Saskatchewan poultrymen.

Britain will welcome as much egg powder as Canada can produce in 1943. W. A. Brown, chief of poultry services at Ottawa, told Saskatchewan poultrymen.

Britain will welcome as much egg powder as Canada can produce in 1943. W. A. Brown, chief of poultry services at Ottawa, told Saskatchewan poultrymen.

Britain will welcome as much egg powder as Canada can produce in 1943. W. A. Brown, chief of poultry services at Ottawa, told Saskatchewan poultrymen.

Britain will welcome as much egg powder as Canada can produce in 1943. W. A. Brown, chief of poultry services at Ottawa, told Saskatchewan poultrymen.

Britain will welcome as much egg powder as Canada can produce in 1943. W. A. Brown, chief of poultry services at Ottawa, told Saskatchewan poultrymen.

Britain will welcome as much egg powder as Canada can produce in 1943. W. A. Brown, chief of poultry services at Ottawa, told Saskatchewan poultrymen.

Britain will welcome as much egg powder as Canada can produce in 1943. W. A. Brown, chief of poultry services at Ottawa, told Saskatchewan poultrymen.

Britain will welcome as much egg powder as Canada can produce in 1943. W. A. Brown, chief of poultry services at Ottawa, told Saskatchewan poultrymen.

Britain will welcome as much egg powder as Canada can produce in 1943. W. A. Brown, chief of poultry services at Ottawa, told Saskatchewan poultrymen.

Britain will welcome as much egg powder as Canada can produce in 1943. W. A. Brown, chief of poultry services at Ottawa, told Saskatchewan poultrymen.

Britain will welcome as much egg powder as Canada can produce in 1943. W. A. Brown, chief of poultry services at Ottawa, told Saskatchewan poultrymen.

Britain will welcome as much egg powder as Canada can produce in 1943. W. A. Brown, chief of poultry services at Ottawa, told Saskatchewan poultrymen.

Britain will welcome as much egg powder as Canada can produce in 1943. W. A. Brown, chief of poultry services at Ottawa, told Saskatchewan poultrymen.

Britain will welcome as much egg powder as Canada can produce in 1943. W. A. Brown, chief of poultry services at Ottawa, told Saskatchewan poultrymen.

Britain will welcome as much egg powder as Canada can produce in 1943. W. A. Brown, chief of poultry services at Ottawa, told Saskatchewan poultrymen.

Britain will welcome as much egg powder as Canada can produce in 1943. W. A. Brown, chief of poultry services at Ottawa, told Saskatchewan poultrymen.

Britain will welcome as much egg powder as Canada can produce in 1943. W. A. Brown, chief of poultry services at Ottawa, told Saskatchewan poultrymen.

Britain will welcome as much egg powder as Canada can produce in 1943. W. A. Brown, chief of poultry services at Ottawa, told Saskatchewan poultrymen.

Britain will welcome as much egg powder as Canada can produce in 1943. W. A. Brown, chief of poultry services at Ottawa, told Saskatchewan poultrymen.

Britain will welcome as much egg powder as Canada can produce in 1943. W. A. Brown, chief of poultry services at Ottawa, told Saskatchewan poultrymen.

Britain will welcome as much egg powder as Canada can produce in 1943. W. A. Brown, chief of poultry services at Ottawa, told Saskatchewan poultrymen.

Britain will welcome as much egg powder as Canada can produce in 1943. W. A. Brown, chief of poultry services at Ottawa, told Saskatchewan poultrymen.

Britain will welcome as much egg powder as Canada can produce in 1943. W. A. Brown, chief of poultry services at Ottawa, told Saskatchewan poultrymen.

Britain will welcome as much egg powder as Canada can produce in 1943. W. A. Brown, chief of poultry services at Ottawa, told Saskatchewan poultrymen.

Britain will welcome as much egg powder as Canada can produce in 1943. W. A. Brown, chief of poultry services at Ottawa, told Saskatchewan poultrymen.

Building Cargo Subs

Germany Plans To Get Raw Materials From Far East

Reliable information says that Germany is building a fleet of the world's largest submarines as cargo carriers in an effort to establish shipping contact with Japan and obtain raw materials from the Far East.

The first six displacing 2,500 tons, will be completed within a few months, these sources said.

The informant said Allied patrols had long been watching Kure Island in the southernmost part of the Indian Ocean, which is believed to be one meeting place of Japanese and German ships.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

White potatoes contain about 78 per cent. water and only 11 per cent. starch.

Keep them FRESH with Para-Sani

MAKE SURE YOUR MEATS, VEGETABLES AND GREENS ARE WELL WRAPPED OR COVERED WITH PARA-SANI. BEFORE THEY ARE PUT INTO THE REFRIGERATOR. PARA-SANI PREVENTS THEM FROM DRYING OUT AND RETAINS THEIR FLAVOUR AND FRESHNESS.

Para-Sani

HEAVY WAXED PAPER

IN THE GREEN BOX

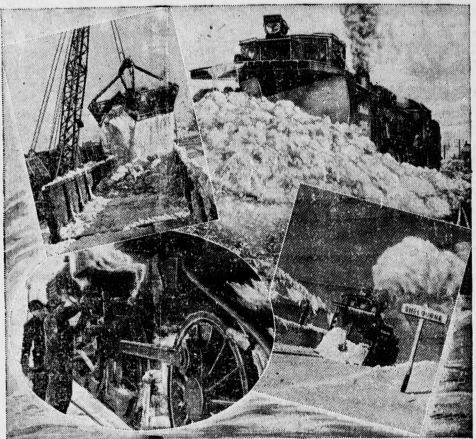
IS THE FAVORITE OF HOUSEWIVES IN EVERY PART OF THE DOMINION.

Appleford PAPER PRODUCTS LIMITED

HAMILTON TORONTO MONTREAL

The Australian brush turkey builds a nest weighing several tons.

C.P.R. FORCES WIN BATTLE OF ELEMENTS



Huge snowdrifts lining the Canadian Pacific Railway's right-of-way from one end of Canada to the other stood as victorious monuments to the company's courageous maintenance forces, train crews and other ranks, who for the better part of a month battled one of the most sustained and severe blizzards that ever played havoc with Canadian transportation. And they kept the lines clear.

The storm attacked the company's transportation facilities with blizzard fury, piling tons of snow over its vital steel highways, shattering its telegraph wires with ice to the thickness of a man's wrist, amping poles, and hurling an icy challenge to Canadian Pacific forces who literally "dug Nature to the bone."

The situation would have been had enough under normal traffic conditions. The Canadian Pacific, however, was engaged in handling the heaviest volume of traffic in its history—more than double the amount carried by the railway in 1939. This, coupled with limitations on manpower placed an added burden on the company's resources.

Snow-plows powered by three, sometimes four, powerful locomotives made almost continuous assaults at the mountainous snowdrifts that reached particularly appalling dimensions in Ontario and Quebec where the above scenes were photographed. Other blizzard-borne "gremlins" attacked the railway in the form of ice that sheathed engines, coaches, switches and rails, driving snow

RED CROSS APPEAL
FOR \$10,000,000
BEGINS NEXT WEEK

The Canadian Red Cross will launch a National Appeal for funds March 1st when the people of Canada will be asked to give \$10,000,000 to keep comforts and supplies, prisoner of war parcels, blood, donor serum, medicines and equipment—all the vast commitments of the Red Cross "on the march!"

With the turn of world events, with famine and war devastation on the increase, comes a vast drain on Red Cross supplies in all its manifold departments. But the divisions and branches of Red Cross all across Canada have been on the job working steadily and with an enthusiasm that brooks no let up. A mammoth amount of work has been done. But the testing time lies ahead.

The Red Cross has sent overseas 20,000,000 articles of supplies to armed forces and suffering civilians since the beginning of the war; 2,400 cases of hospital and relief goods have gone over for Allied Red Cross Societies and avowed children; 300 ambulances and other motor vehicles, and over 2,000,000 food parcels for our men in enemy camps.

Poultry producers in the province have had a banner year. It is estimated that the value of poultry products in 1942 amounts to over \$4,000,000. This is an increase in value of 67 percent over last year or 138 percent since 1939. Production of eggs in 1942 amounted to over 14,000,000 and 32,000,000 pounds of poultry meat were produced. This is an increase of 48 percent and 16 percent respectively over 1939. Not only have we been able to supply the increased demand of the domestic market but approximately 3,000,000 dozen eggs and 8,000,000 pounds of poultry meat were exported from the province.

(Continued from page one)
CANADIAN ENGINEERS
stood on various bits of wood, or perhaps on branches of trees. The footstep of them set off hidden mines in the water.

Actually we did not learn much about distinguishing booby traps. For we never did know just what twigs or bits of wood were responsible for setting off the mines.

From this we went on to a grand range to watch a section undergoing instruction in the handling and throwing of grenades, and our instructions read "Normal range precautions must be carried out, and gentlemen will please wear steel helmets provided and take cover behind the breast-works." The section officer was Lieut. J. B. Donald of Kimberley, and the instructor was Lieut. W. E. Shewen of Ottawa. In addition to the grenades here, we studied some special types of incendiaries.

Then we went out to an artificial lake where demonstrations of improvised rafting were carried out, and we watched a five hundred weight Jeep carried across on special floats.

We also watched pontooning being taught to a bridging class.

We saw many unusual field gadgets for use of troops in the field, such as easily constructed, but efficient, sewage systems, shower baths, stores for heating water and cooking, made out of discarded oil cans, and burning oil, disinfecting of blankets, etc., in the field; disposal of garbage and sewage by burning, and many other items which are problems for troops in actual warfare.

Incidentally we were told that the Canadian soldier is the cleanest of all troops in the world.

An extra activity of this reinforcement unit is the use of waste corners of their grounds for growing vegetables, and they produced a prize winning display of potatoes, tomatoes, carrots, onions, beans, and turnips all grown in their camp. Last year 30 tons of potatoes were grown in these grounds of the camp.

Going over to the C.A.S.R.C. we met Major Alex Gagnon, of Quebec who called our attention to a company which was just returning from a ten mile hike carried out in



A type of wild goat with large feet, backward-curving horns. It inhabits the highest regions of the Alps and Pyrenees in Europe, also the Abruzzian and Nubian Mountains in Africa.

T. EATON CO.
WINNERS
CANADA

Boys and Girls! Are you saving them "alphabetical" advertisements? If you send any to compare your list to ours, just write to us and they will be sent free.

Shop from EATON'S Catalogue—
"A STORE THROUGH COVERS"

T. EATON CO.
WINNERS
CANADA
EATON'S

a little less than two hours. Major Gagnon asked us to impress on the people of Canada that they are a real part of the show and that their jobs are being well taken care of. Here we were shown student cooks being trained in their work.

The day was brought to a delightful conclusion with a dinner at the Officers Mess of the Royal Canadian Engineers. It was a fine meal served in a building that must have been a pretentious mansion before the war, and very excellent band was playing outside on the grounds during the meal, which added to the enjoyment of the evening.

LIST OF MEN
ENLISTED FROM
THIS DISTRICT

F. H. Daw,
Sgt. Harold House, RCAF
Wm. C. Holup,
Jack Reid, RCAF
R. Oliver, R.C.N.
Joe P. Roehner, RCAF
Douglas Grant, RCAF
P. Danksworth, RCAF
Arthur Brown, Prov. Corps.
J. Cunningham, RCAF
M. Watts, RCAF
C. T. Woods,
Sgt. H. McCarty, RCAF
Dr. Max Evans, RCMC
R. Ragan,
David McLean,
S. E. Lester Engineers
B. Varnell, RCAF
G. E. Evans, RCAF
John Plante
Campbell Brown
K. P. Sheeran, RCAF
L. G. Menard, RCAF
Cpl. H. McIntosh
T. Yellow Fly, V.G. & C.
J. G. A. Corbille, RCAF
J. G. A. Corbille, RCAF
J. C. Wells, RCAF
Thos. Dav, R.C.O.C.
C. Oble (Blackfoot Reserve)
Charlie Royal (Blackfoot Reserve)
Gordon Yellworthy (Blackfoot Reserve)
Ed. Mayhew (Blackfoot Reserve)
Nursing Sister M. Wright, SAAMG
Lieut. P. Leacock, R.C.A.
Les Christianson, R.C.N.
Leonard Christianson, R.C.N.
C. Busby, Signal
S. G. Sanders, R.C.E.
H. Leith, R.C.A.
A. Robinson, R.C.O.C.

W. G. Currie, RCAF
M. R. Brassard, C.A. (A)
V. Hansen, C.A. (A)
J. D. Siddle, RCAF
H. Laskowski, RCAF
Hugh Hanner, RCAF
W. C. Chase, RCAF
J. C. Wells, RCAF
M. Kaye,
J. K. Craft, R.C.A.M.C.
G. Gillett, R.C.A.
L. D. Wm. Holt
John Hamar
N. Peltier
A. Arison,
J. Mackie,
J. McDonald,
J. E. Clark,
J. Houshe,
B. Brown,
K. R. Cochran,
J. C. Hellen,
J. Rilly,
Reg. S.M. Gerald Phillips,
R. S. Fairbairn, R.C.N.V.R.
W. St. Armand, Postal Corps.
J. E. Clark, Postal Corps.
F. J. Simard, Postal Corps.
H. Broom,
R. Riddell, RCAF,
H. Davenport,
McMullen,
C. Kiteup,
Major R. Dodgson M.M.
Lt.-Col. W. E. Taylor, RGA
Major J. Cook, R.C.A.
C. O. Phillips, R.C.H.A.
W. Hill, R.C.H.A.
A. Bogie, R.C.H.A.
A. B. Bogie, R.C.A.
P. Maun (Died)
D. Sheets, R.C.A.S.C.
A. Sheets, R.C.A.S.C.
Int. Brenner, Int. Staff.
A. Moss, R.E.
M. Moss, R.C.E.
M. Moss, R.C.G.S.
W. Service, Home Guard.
F. Jones, 308 Co. V.G.
S. H. Smith, Int. Staff, Battery,
J. C. Hellen,
E. E. Lester
R. C. Clifford,
T. Woods,
Lt. M. W. Murray,
W. E. Murray,
L. R. Thorburn,
H. Frutich,
R. Taylor,
S. Barabash,
Brown,
O. Engstrom,
G. V. Newell,
L. Davenport,
J. G. Hellen,
V. Barabash,
J. Houshe, RCAF,
Schmidt, RCAF,
R. M. Harrison, RCAF,
E. E. Harrison, RCAF,
P. P. Evans, RCAF,
McLean, RCAF,
J. W. McCallum, RCAF,
J. House, RCAF,
F.O. Art. Clifford, D.F.C., RCAF
J. Michael, RCAF,
R. Riddell, RCAF,
J. Woods, RCAF,
G. Gilbert, RCAF,
J. DeJardine, RCAF,
W. Nicholas, RCAF,
J. Daw, RCAF,
J. G. Hellen, RCAF,
J. Richards, RCAF,
K. Danksworth, RCAF,
M. Moss, RCAF,
D. Downey, R.C.A.M.C.
J. Grant, R.C.A.S.C.
J. Schmidt, R.C.G.S.
J. Souter, R.C.A.S.C.
J. Anglin, R.C.A.S.C.
A. Peacock, R.C.A.S.C.
J. Anglin, R.C.A.S.C.
J. Gregory, R.C.A.M.C.
C. C. Boos, R.C.A.
L. Woods, R.C.A.
G. Wills, R.C.A.
R. Birch, R.C.A.
John Bell, Calgary Highlanders,
S. Guthrie, Calgary Highlanders,
R. Guthrie, Calgary Highlanders,
R. Guthrie, Seaford Highlanders,
J. W. Desjardine, R.C.A.
C. McHugh, R.C.O.C.
C. McHugh, R.C.O.C.
J. Walker, R.A.F.
G. Walker, R.A.F.
James Pater, R.C.A.F.
O. Bremner, R.C.A.M.C.
H. Jones, Engineers
R. Harker, Engineers

QUEBENSTOWN ENLISTMENT
H. O. James, R.C.A.
E. E. Johnson, R.C.A.F.
O. Wills, R.C.A.F.
W. McCabe,
L. O. Nelson, R.C.A.F.
L. L. Soli, R.C.O.C.
S. Dwy, R.C.A.F.
R. McComber, RCAF
S. Godkin, R.C.A.S.C.
L. Clemmons, R.C.A.F.
W. Oakes, Jr., R.C.A.
W. Payne, R.C.A.
G. S. Brown, R.C.A.
Tom St. Armand,
E. J. Leachman, R.C.A.
S. McDermid, R.C.A.
O. Land, R.C.A.
McGinnish,
S. Schults, R.C.A.
John James, R.C.A.S.C.
D. Clemmons, R.C.O.C.
W. Strum, R.C.O.C.
G. Strum, R.C.O.C.
C. Lohd, R.C.O.C.

SENSATIONAL READING BARGAINS
FOR THESE
Stay-at-Home TimesTHIS NEWSPAPER
(1 YEAR) and
THREE GREAT
MAGAZINES

For Both
Newspaper
and Magazines
\$3.50

GROUP "A"—Select One
[1] Better Homes & Gardens 1 Yr.
[1] True Story Magazine 1 Yr.
[1] Woman's Home Comp. 1 Yr.
[1] Sports Afield 1 Yr.
[1] Magazine Digest 6 Mos.
[1] Past Digest 1 Yr.
[1] American Home 1 Yr.
[1] Parent's Magazine 6 Mos.
[1] Open Road for Boys 1 Yr.
[1] The Woman 1 Yr.
[1] Science & Discovery 1 Yr.
[1] Liberty (Weekly) 1 Yr.
[1] Silver Screen 1 Yr.
[1] Screenland 1 Yr.
[1] Flower Grower 1 Yr.
[1] American Girl 1 Yr.

GROUP "B"—Select Two
[1] Maclean's (24 Issues) 1 Yr.
[1] Canadian Home Journal 1 Yr.
[1] Chatelaine 1 Yr.
[1] National Home Monthly 1 Yr.
[1] Family Herald & Weekly Star 1 Yr.
[1] New World (Illustrated) 1 Yr.
[1] Free Press Prairie Farmer 1 Yr.
[1] Western Producer 1 Yr.
[1] Country Guide 2 Yrs.
[1] Canada Poultryman 2 Yrs.
[1] Canada Silver Fox & Fur 1 Yr.
[1] Canadian Horticulture & Home 1 Yr.
[1] Click (Picture Weekly) 1 Yr.
[1] Canadian Poultry Rev. 1 Yr.
[1] American Fruit Grower 1 Yr.

SAVE MONEY!
Enjoy the finest magazines while saving time and gas. Only through this newspaper can you get such big reading bargains. Pick your favorites and mail coupon to us TODAY.THIS NEWSPAPER
(1 Year) and Your Choice
THREE POPULAR
MAGAZINES

For Both
Newspaper
and Magazines
\$3.00

[1] Maclean's (24 Issues) 1 Yr.
[1] Canadian Home Journal 1 Yr.
[1] Chatelaine 1 Yr.
[1] National Home Monthly 1 Yr.
[1] Family Herald & Weekly Star 1 Yr.
[1] New World (Illustrated) 1 Yr.
[1] Free Press Prairie Farmer 1 Yr.
[1] Western Producer 1 Yr.
[1] Country Guide 2 Yrs.
[1] Canada Poultryman 2 Yrs.
[1] Canada Silver Fox & Fur 1 Yr.
[1] Canadian Horticulture & Home 1 Yr.
[1] Click (Picture Weekly) 1 Yr.
[1] Canadian Poultry Rev. 1 Yr.
[1] American Fruit Grower 1 Yr.

ALL OFFERS FULLY
GUARANTEED

THIS NEWSPAPER
(1 YEAR) and
ANY MAGAZINES
LISTED

Both for
Price Shown
All Magazines Are For 1 Year

[1] Maclean's (24 Issues) 2.50
[1] Canadian Home Journal 2.50
[1] Chatelaine 2.50
[1] National Home Monthly 2.50
[1] Family Herald & Weekly Star 2.50
[1] New World (Illustrated) 2.50
[1] Free Press Prairie Farmer 2.50
[1] Western Producer 2.50
[1] Country Guide (1 Yr.) 2.50
[1] Canada Poultryman 2.50
[1] Canada Silver Fox & Fur 2.50
[1] Canadian Horticulture & Home 2.50
[1] Canadian Poultry Rev. 2.50
[1] True Story Magazine 2.50
[1] Liberty (Weekly) 2.50
[1] Sports Afield 2.50
[1] Magazine Digest 2.50
[1] Screenland 3.00
[1] Look 3.75
[1] American Home 3.75
[1] Parent's Magazine 3.10
[1] Open Road for Boys 2.50
[1] American Girl 2.75
[1] American Magazine 3.75
[1] Child Life 3.50
[1] Canadian Woman 3.75
[1] Flower Grower 2.75

COUPON
FILL IN AND MAIL TO
THIS NEWSPAPER TODAY

Check magazines desired and enclose with coupon.

Gentlemen: I enclose \$. . . Please send me the offer checked, with a year's subscription to your paper.

NAME . . .

POST OFFICE . . .

STREET OR R.R. . . . PROV. . . .



IT'S FUN TO BE
STAY-AT-HOMES
WITH SO MUCH
GOOD READING